

2006 Poster Art Contest



"Quit Smoking, Exercise, Eat Right and Get Regular Check-ups to Stay Healthy"
Gordon Shepard – 3rd Place

I was born in 1930 in New York City. I'm the son of Otis Shepard (the art director at Wm. Wrigley Jr. Company for 30 years). I moved to California when I was about 18 and spent 10 years at Sonoma State Hospital. When I left there, I moved in with my mom, Dorothy Shepard, who was living in Tiburon. I went to Mt. Tamalpais High School and took adult education classes. I then moved to San Francisco and enrolled in more adult education classes at Gaileo High in the evening. I worked for Goodwill and McDonalds and also as a professional clown for two small circuses (Roy Bible and Big John Strong and Son). I'm a member of the Circus Fan's Association of America and the World Clown Association. I have been going to Creativity Explored (an art program for adults with disabilities) for at least 7 years.